



European Trail
Orienteering
Championship
29.07- 3.08 2026

Bulletin 4



Dear Competitors,

It is my great pleasure to already invite you to Szczecin for the European Trail Orienteering Championships 2026. As the Technical Director and PreO course planner, I have the honour of preparing the sporting part of this event. Our aim is to design challenging yet fair courses, based on precise maps and diverse terrain, so that each of you can fully demonstrate your skills and enjoy the competition.

This edition will be a special one for the Trail Orienteering community. We want ETOC 2026 to stand out with top-quality courses, maps and organisation, leaving competitors with memorable experiences both on and off the courses.

Trail Orienteering is a discipline where observation, focus and strategy all matter. When creating the tasks, I strive to ensure they provide not only an intellectual and sporting challenge, but also satisfaction from the decisions you make and the results you achieve. Together with the whole team, we are working to ensure that the organisation and the quality of the maps meet the highest European standards.

I warmly encourage you to take part in our preparatory events, such as the Bukowa Cup. It is an excellent opportunity to familiarise yourself with the terrain and atmosphere awaiting you in 2026, to test your skills in a friendly environment and for us to refine the organisational details.

Already now, I would like to thank all competitors, coaches and volunteers for their future commitment and passion, which will allow us to create an exceptional event at the highest level. I also invite you to discover Szczecin – a city full of greenery, riverside views and a unique charm, often referred to as “the city scented with chocolate”. I believe that the European Trail Orienteering Championships 2026 in Szczecin will be an unforgettable sporting and social experience. See you at the start!

Bartłomiej Mazan

Technical Director & PreO Course Setter
chairman of KOS BnO Szczecin

Dear Competitors,

As the map maker for the European Trail Orienteering Championships 2026, I feel honoured to contribute to this unique event. My main goal is to provide you with **maps of the highest possible quality**, so that each control, feature and detail is presented clearly and reliably.

All maps are being produced according to the latest **ISSprOM-2 specifications** and in close cooperation with the course setters. They are drawn and updated **in the same season as the competitions**, which allows us to capture the **most accurate picture of vegetation and terrain conditions** at the time you will compete. This means that the contours, paths, vegetation boundaries and man-made objects will reflect the reality you find in the field as precisely as possible.

I believe that good maps are the foundation of fair and enjoyable competition. Together with the organising team, I am committed to making sure that your navigation decisions are based on trustworthy information and that the maps meet the highest International standards.

I wish you successful preparations and look forward to welcoming you on the ETOC 2026 courses.
Thank you and good luck!

Krystian Petersburski

Map Maker



ORGANISERS

Klub Orientacji Sportowej BnO Szczecin
Polish Orienteering Federation
Zachodniopomorski Okręgowy Związek Orientacji Sportowej

CO-ORGANISERS

The City of Szczecin
Western Pomerania
Nadleśnictwo Gryfino

PARTNERS

CX 80
Etcetera Reklama Szczecin
Szczecin Floating Garden
Zazu Sports
Hitmark = Robotics
Vulcan Hotel
Forystek i Partnerzy
SP47
Binowo Park Golf Club

ORGANISING COMMITTEE

Event Director - Aleksandra Mazan
Technical Event Director - Bartłomiej Mazan

Course Setters
Bartłomiej Mazan (PreO)
Jacek Wieszaczewski (TempO, Relay)
Maps
Krystian Petersburski

IOF Senior Event Adviser
John Kewley (GBR)
IOF Senior Event Adviser
Lars Jakob Waaler (NOR)
National Controller
Krystian Petersburski

JURY

Per Stålnacke NOR
Daniele Guardini ITA
Owe Andersson SWE

CONTACTS

etoc2026.pl
+48 721 121 141
kontakt@bno.szczecin.pl

EVENT DATES

Wednesday, 29th July – Monday,
3rd August 2026

EVENT VENUE

The capital and largest city of the West Pomeranian Voivodeship in northwestern Poland. Located near the Baltic Sea and the German border, it is a major seaport and Poland's seventh-largest city.

Szczecin is located between the broads of the Oder River with an open perspective on the Szczecin Reservoir and Lake Dąbie, and the sailing route to the Baltic Sea.

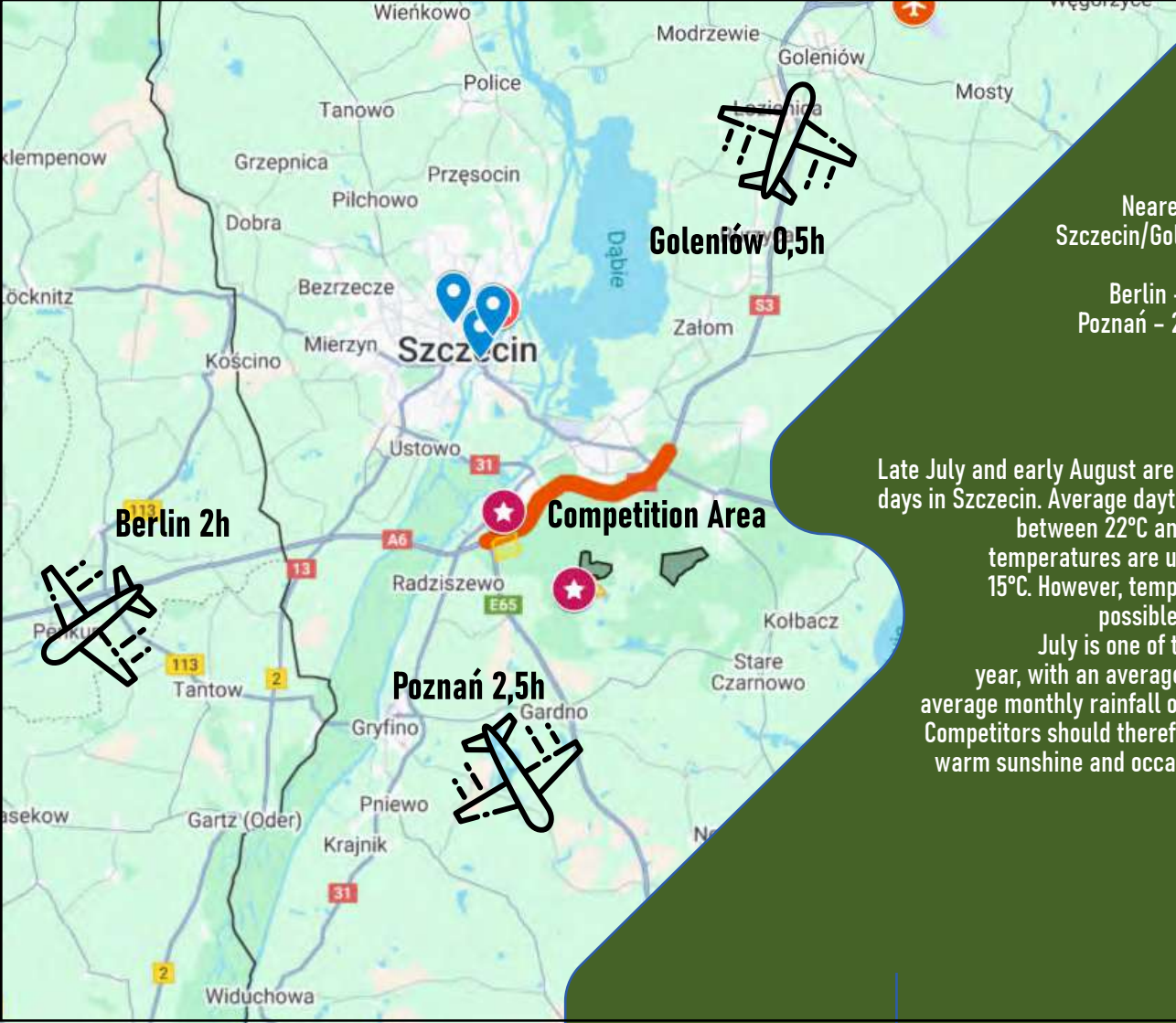
There are many monuments worth visiting in Szczecin.

EVENT CENTRE

Hotel Vulcan
Franciszka Ksawerego Druckiego-Lubeckiego 6A street
71-643 Szczecin

Accreditation of the teams and team officials meetings will be held in the Event Centre.





DISTANCES AND OVERVIEW MAP

Nearest international airports
Szczecin/Goleniów – 0.5 h drive time
(45 km)

Berlin – 2 h drive time (190 km)

Poznań – 2.5 h drive time (260 km)

CLIMATE

Late July and early August are typically warm summer days in Szczecin. Average daytime temperatures range between 22°C and 25°C, while night-time temperatures are usually between 12°C and 15°C. However, temperatures above 30°C are possible during warmer periods.

July is one of the wetter months of the year, with an average of 13 rainy days and an average monthly rainfall of approximately 115 mm. Competitors should therefore be prepared for both warm sunshine and occasional summer showers.

EVENT PROGRAMME:

29th July 2026 (Wednesday)

18:00	Event Centre opens	Hotel Vulcan
21:00	Event Centre closes	Hotel Vulcan

30th July 2026 (Thursday)

07:00	Event Centre opens	Hotel Vulcan
09:00	Model Event Temp0/Relay	Szczecin, ul. Mistrzowska GPS 53.3487683295201, 14.58244841669503
09:00	Model Event Pre0	Ogród Dendrologiczny Glinna GPS 53.298112, 14.719393
11:00	Event Centre closes	Hotel Vulcan
12:00	Temp0 Competition Entry deadline	
14:30	Model Event - last start	
16:45	Assembly for the Parade of Nations during Opening Ceremony	Bulwary Szczecińskie GPS 53.422942, 14.563549
17:00	Start of the Parade of Nations	Bulwary Szczecińskie GPS 53.422942, 14.563549
17:30	Opening Ceremony	Rooftop Terrace of the Maritime Science Centre
19:00	Team Officials' Meeting	Hotel Vulcan

31st July 2026 (Friday)

08:05	First shuttle departure to the start	Amfiteatr Żydowce GPS 53.353437, 14.579899
08:30	Temp0 Quarantine closes	Amfiteatr Żydowce GPS 53.353437, 14.579899
08:30	Temp0 Qualification	
12:00	Pre0 Competition entry deadline	
14:30	The first shuttle bus to the Temp0 Final will depart	
15:00	Temp0 Final Quarantine closes	Amfiteatr Żydowce
15:00	Temp0 Final	
19:30	Prize giving Ceremony	Amfiteatr Żydowce
20:30	Team Officials' Meeting	Hotel Vulcan

1st August 2026 (Saturday)

09:15	Pre0 Quarantine closes	Stanica Harcerska „Bukowina” GPS 53.31637505036099, 14.635020470751693
9:20	First shuttle departure to the start	
10:00	Pre01	

2nd August 2026 (Sunday)

09:00	Pre0 Quarantine closes	Stanica Harcerska „Bukowina” GPS 53.31637505036099, 14.635020470751693
9:05	First shuttle departure to the start	
10:00	Pre02	
16:45	Flower ceremony	Stanica Harcerska „Bukowina” GPS 53.31637505036099, 14.635020470751693
18:00	Relay Competition entry deadline	
19:00	Pre0 prize giving ceremony	Fontanna Bartłomiejka GPS 53.43876735586223, 14.541840868904849
20:30	Team Officials' Meeting	Hotel Vulcan

3rd August 2026 (Monday)

9:00	Relay Quarantine closes	Binowo Golf Club GPS 53.318289890380676, 14.648623211227216
9:30	Relay Mass Start - P-class	
9:45	Relay Mass Start - Junior	
10:00	Relay Mass Start - Open	
13:00	Expected end of Relay competition	
13:30	Relay prize giving ceremony, closing ceremony	
18:00	Banquet	ul. Jana z Kolna 7 GPS 53.432776199602216, 14.572210296162035

ACCREDITATION

Accreditation will take place at the ETOC Event Office located in Hotel Vulcan during the following times:

Wednesday, 29 July

18:00–21:00

Thursday, 30 July

08:00–10:00

18:30–20:30

Competitors participating only in the PreO competition may collect their accreditation at the PreO Quarantine on 1 August, between:
07:30–09:00

Each Federation must be represented by a Team Official during the accreditation process. Accreditation for competitors, team officials, escorts and accompanying persons will only be possible once all entry fees and other outstanding payments have been settled.

Team Managers must present valid passports (or other official identification documents) for verification of nationality and eligibility during accreditation. Teams arriving in stages may complete accreditation for late-arriving team members at a later time.

Parking is available at Hotel Vulcan for ETOC participants, subject to availability.



ENTRY SUMMARY

Federation	O Athlete	P Athlete	J Athlete	Team Official	Accompanying Person	Escort	Total
 Austria	1						1
 Croatia	3						3
 Czechia	6	6	4			3	19
 Denmark	1	1			1	1	4
 Finland	7	5	3	1		2	18
 Germany	6		3				9
 Great Britain	7	1	3	1			12
 Hong Kong China	4		3	1			8
 Hungary	4	1	1			1	7
 Italy	7	3	3	1		2	16
 Japan	4						4
 Latvia	6	3	4			1	14
 Lithuania	3		1				4
 Norway	6	1	1	1			9
 Poland	6	6	6	1		6	25
 Portugal	3		1				4
 Slovakia	5		3	1			9
 Spain	6	3	3				12
 Sweden	6	4		1			11
 Ukraine	8	5	7			2	22
 United States	2	1					3
Sum	101	40	46	8	1	18	214

TEAM MATERIAL

Team material will be distributed during Team Accreditation.

Each team envelope will contain:

- safety pins,
- Model Event number bibs,
- ToePunch chipsets,
- accreditation cards,
- Bulletin 4 (printed),
- banquet tickets (for competitors and accompanying persons who ordered them),
- meal vouchers for pre-ordered lunches,
- luggage tags.

Competitors taking part in PreETOC will receive their ToePunch chipsets during PreETOC accreditation. The same chipsets will be used throughout ETOC 2026 and must be returned only after the Relay competition.

All other competitors will receive their ToePunch chipsets during ETOC Team Accreditation.

Team material will only be handed over after all outstanding payments have been received.

Team leaders are kindly requested to check the contents of the team envelope upon collection and report any missing items immediately to the Event Office.

NUMBER BIBS

Competitors must wear their number bibs so that they are clearly visible from the front throughout the competition. The bib should be worn on the chest, front of the leg, or on the front of the wheelchair, depending on the competitor's preference and class.

Distribution of Number Bibs

Number bibs will be distributed as follows:

TempO Qualification – at the Team Officials Meeting

TempO Final – at the Event Office at the Arena
after the finalists have been confirmed.

PreO (for both days) – at the Team Officials Meeting
Relay – at the Team Officials Meeting

Competitors are responsible for bringing the appropriate bib to the start of each competition.

Different number ranges will be used for the various competitions. Bibs will also differ by **background colour**, and each bib will display the competitor's competition category (**Open, P-Class, Junior or Public**).

For the TempO Qualification, each qualification heat will have a different bib colour, making it easy for competitors and officials to identify the correct qualification heat.

Relay Competition

A separate set of number bibs will be used for the Relay competition.

Each relay bib contains:

- the team number and relay leg (e.g. 12-2),
- a background colour identifying the competition category,
- a coloured stripe indicating the competitor's assigned Temp0 variant.

Three different Temp0 variants (Red, Blue and Green) will be used during the Relay competition. Approximately one third of the competitors will be assigned to each variant.

The coloured stripe indicates which Temp0 station/queue the competitor must use.

The coloured stripe applies only to the Temp0 part of the Relay and does not indicate the competitor's Pre0 forking. Pre0 forkings are assigned independently.

Competitors are kindly requested to check the colour shown on their bib before entering the Temp0 section and follow the instructions of the officials.

Public Race participants will receive one number bib, which must be used throughout the entire event.



CLASSES AND COMPETITIONS RULES

ETOC 2026 will conform to the Competition Rules for IOF Trail Orienteering Events.

Rules specific to the European Trail Orienteering Championships are contained in Appendix 4.

The rules are available for download on the IOF website:

<https://orienteering.sport/trailo/competition-rules>

These rules introduce significant changes compared to previous European Trail Orienteering Championships, in particular regarding the number of classes available in each competition.

Competitors representing member Federations of the IOF, defined by the International Paralympic Committee as belonging to the European continent, may compete in ETOC. Competitors representing other IOF member Federations may participate but will not be eligible for European titles, medals or diplomas.

In the individual PreO and TempO competitions and in the Trail Orienteering Relay there is one Open class, one Junior class and one P (Physically Challenged) class.

In the individual PreO and TempO competitions, a Federation may enter a maximum of 6 competitors in each class. In addition, the current European Champions may be entered by their Federation in their respective classes.

In the Trail Orienteering Relay, a Federation may enter up to 2 teams in each class, each consisting of 3 competitors. Only the better-placed team will count in the prize list.

All ETOC 2026 maps will conform to the International Specification for Sprint Orienteering Maps ISSPrOM2019-2 Revision 6 and IOF Control Descriptions 2024.



TERRAINS

TempO Qualification, TempO Final

Open military training area with distinct microrelief, many single trees, depressions, ditches, and pits. Three forest types: semi-open mixed, dense, and beech forest with excellent visibility. A varied, technical, and navigationally interesting terrain.

PreO

The terrain of a typical moraine presents a fascinating landscape where visibility ranges from very good to limited, creating diverse navigational challenges. This area is characterized by significant elevation changes, introducing dynamism and variability to the competition route.

The morainic topography captivates with its interesting glacial microrelief, featuring numerous hills, valleys, and irregular forms that testify to the power of glaciers from centuries past. These natural formations create a variety of navigational challenges typical for Trail Orienteering.

The challenge lies in the ability to adapt to changing conditions and utilize the terrain's microrelief for effective navigation, making this moraine an ideal location for enthusiasts of orienteering.

Relay

The relays will take place on a picturesque golf course, providing an excellent backdrop for the competition. This unique setting features carefully designed terrain that combines open spaces with gentle elevations and natural obstacles.

The golf course, with its well-maintained lawns and scenic ponds, offers diverse navigational opportunities, requiring precise decision-making and the ability to move quickly across the terrain. The high-quality surface and aesthetic surroundings create a pleasant atmosphere for both competitors and spectators.

WEATHER

The weather forecast for the Championships indicates typical summer conditions in Szczecin. Daytime temperatures are expected to range between 27°C and 35°C, while nighttime temperatures will remain between 16°C and 19°C.

Most days are forecast to be sunny or partly cloudy, with only a slight chance of isolated showers or thunderstorms.

Competitors are advised to wear light, breathable clothing, use sun protection, and carry sufficient drinking water. A lightweight waterproof jacket may be useful in case of brief summer showers.



MAPS

PreO 1: scale 1:4 000, contour interval 2m

PreO 2: scale 1:4 000, contour interval 2m

TempO: scale 1:3 000, contour interval 2m

Relay: scale 1:4 000, contour interval 2m

according to ISSPrOM2019

MAPMAKER

Krystian Petersburski

OLD MAPS

Mistrzostwa-Polski-w-Długodystansowym-BnO

Bukowa-Cup-X-E2

Bukowa-Cup-X-E3

Bukowa-Cup-X-E5

Bukowa-Cup-X-E6

Bukowa-Cup-12-E1-Sredni

Bukowa-Cup-12-E3-Klasyk

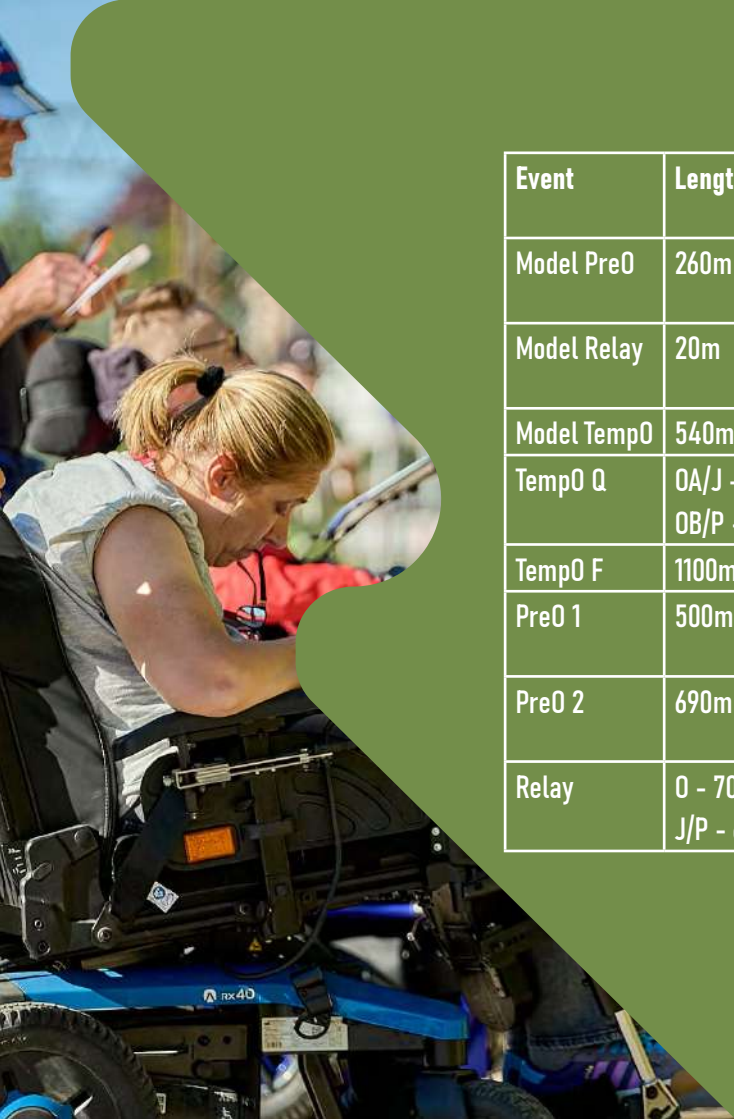
Bukowa-Cup-12-E4-Sredni

Bukowa-Cup-12-E5-Sredni

Bukowa-Cup-12-E6-Klasyk

COURSE PARAMETERS

Event	Length	Climb	Controls	Timed Controls	Temp0 stations	Time Limit	Water/ Toilets
Model Pre0	260m	12m	10	2x3		O/J - 38' P - 45'	1W / 1T
Model Relay	20m		6		1x5	O/J - 19' P - 23'	1W / 1T
Model Temp0	540m	12m			2x5		
Temp0 Q	OA/J - 650m OB/P - 400m	OA/J - 18m OB/P - 0m			7x5		3W / 1T
Temp0 F	1100m	20m			9x5		3W / 1T
Pre0 1	500m	8m	31	2x3		O/J - 108' P - 128'	3W / 2T
Pre0 2	690m	2m	34	2x3		O/J - 123' P - 143'	3W / 2T
Relay	0 - 70m J/P - 60m	1m	3x13		3x(2x5)	O/J - 126' P - 150'	2W / 2T



MODEL EVENTS

Two official Model Events will be held on 30 July 2026:

Model A – Bukowa Żydowce

Model B – Glinna

Each federation has been allocated a specific start block for both Model Events. Please refer to the table below for your assigned start times.

First Start	Federation	Number of People	Model A – Bukowa Żydowce	Model B – Glinna
09:00	Poland	25	09:00	11:30
	Hungary	7	09:00	11:30
	Ukraine	22	11:30	09:00
	Austria	1	11:30	09:00
10:00	Czechia	19	10:00	12:30
	Japan	4	10:00	12:30
	Croatia	3	10:00	12:30
	Finland	18	12:30	10:00
	Hong Kong, China	8	12:30	10:00

First Start	Federation	Number of People	Model A – Bukowa Żydowce	Model B – Glinna
11:00	Italy	16	11:00	13:30
	Sweden	11	11:00	13:30
	Latvia	14	13:30	11:00
	Great Britain	12	13:30	11:00
12:00	Spain	12	12:00	14:30
	Germany	9	12:00	14:30
	Portugal	4	12:00	14:30
	United States	3	12:00	14:30
	Norway	9	14:30	12:00
	Slovakia	9	14:30	12:00
	Denmark	4	14:30	12:00
	Lithuania	4	14:30	12:00

The duration of each Model Event is approximately 60 minutes. The travel time between the two Model Event venues is approximately 40 minutes, and approximately 90 minutes have been scheduled between the two start blocks to allow sufficient travel time.

Team Accreditation must be completed before attending the Model Events.

Model Pre0

The Model Pre0 includes two Time Control locations. At each Time Control there will be:

- two tents, each staffed by a marshal,
- a self-service station where competitors can review the solutions independently.

The self-service station will be located next to the Time Controls. It will be provided with a tent if possible; otherwise, a table or chair will be available for the maps.

Both sets of maps will be available at each self-service station.

Model Relay

The model for Relay will happen right after the model for Temp0 in adjacent terrain. The competitors will first do a Pre0 part and then a Temp0 station that is intended to showcase the long distance nature of some of the Temp0 stations during the relay competition.

Model Temp0

There will be two Temp0 stations on the model. Each of them will have three tents, one for O class competitors, one for P and J class competitors and one for viewing the tasks after solving them.

Embargoed Roads

Please be aware that both Model Event areas are surrounded by embargoed roads.

Do not use satellite navigation (SatNav/GPS), as it may direct you through embargoed areas. Please follow only the routes provided by the organisers.

30 July (Thursday) – Model Event Szczecin Żydowce
Location: Szczecin Żydowce Mistrzowska Street
<https://maps.app.goo.gl/g5jb1tuowujaMSPUA>
(GPS 53.348891, 14.582439)



30 July (Thursday) - Model Eventy Glinna Garden
Location: Glinna Garden
<https://maps.app.goo.gl/UAbtthGQBquuaKGu7>
(GPS 53.297586, 14.721212)



CEREMONIES & SOCIAL EVENTS

Opening Ceremony

All teams are kindly asked to line up on the Szczecin Boulevards – Bulwary Szczecińskie (GPS: 53.42218996562524, 14.56190822759157) at 16:45. Each team will be represented by its flag. Together we will proceed to the opening site on the boulevard, where the European Trail Orienteering Championships 2026 will be officially declared open.

Prize-Giving Ceremonies

- Medals and prizes for the Temp0 competition will be awarded at Temp0 Arena (Amfiteatr Żydowce)
- Medals and prizes for the PreO competitions will be awarded at Fontanna Bartłomiejka
- Relays: The relay award ceremony will take place at the Binowo Park Golf Club (GPS: 53.258290, 14.576110) immediately after the competition.

Closing Ceremony

Closing ceremony will be held according to IOF protocol after the end of the prize-giving ceremony of the Relay competition. The ceremony will take place at Binowo Park Golf Club, where the Relay competition is held. During the Relay Prize-Giving Ceremony, the official ETOC 2026 Closing Ceremony will also be conducted, marking the conclusion of the Championships.

PUBLIC RACE

Public Race participants are welcome to take part in all competition days using simplified versions of the official ETOC courses.

The programme is as follows:

Temp0 – Self-service training using the Temp0 Qualification stations.

PreO Day 1 – Part I of the PreO course, followed by the Time Controls, and then Part II of the PreO course.

PreO Day 2 – Part I of the PreO course.

Relay – The PreO section of the Relay course only.

Public Race entries are still open. Competitors, accompanying persons and visitors are welcome to take part in the Public Race. Registration details are available on the event website.

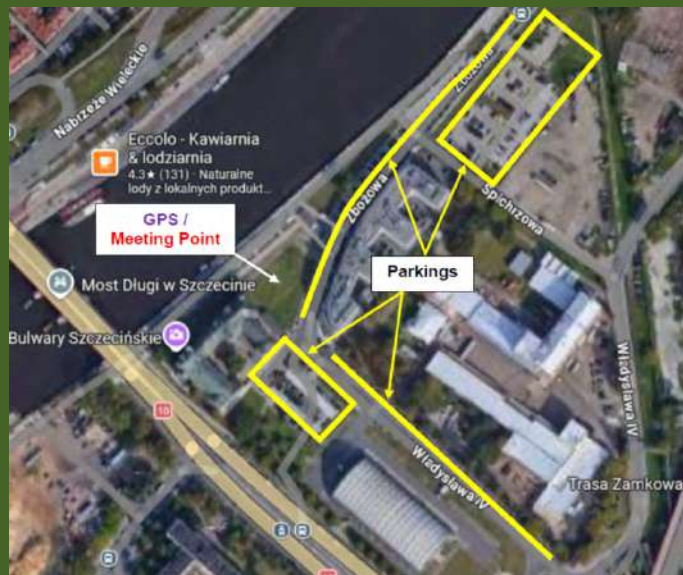
OPENING CEREMONY

30 July (Thursday) – Opening Ceremony

Location: square at Tax Administration Chamber in Szczecin

<https://maps.app.goo.gl/1CeJ2DfB2mEagK8PA>

(GPS 53.422165, 14.562667)



TRANSPORT ARRANGEMENTS

- For the Opening Ceremony, the TempO competition and the prize-giving ceremonies held in Szczecin (e.g. Jasne Błonia), we recommend using public transport. Szczecin has a dense network of trams and buses with low-floor, wheelchair-accessible vehicles and stops close to the venues.
- For the PreO competitions and the Relay (Binowo Park Golf Club) teams are advised to use their own private transport, as public transport connections to these venues are very limited.
- The organisers will provide transport between the quarantine and the start, and from the finish back to the quarantine area for all competitors where applicable.
- If a team cannot arrange private transport on its own, the organisers can support and organise transportation during ETOC after a preliminary request.

TRANSPORT FOR TEAMS WITHOUT PRIVATE VEHICLES

The organisers will not provide dedicated transport between accommodation, competition venues and event locations.

Participants and teams without private vehicles are encouraged to use Szczecin's well-developed public transport network, local taxi services or commercial car-sharing services available in the city.

SHUTTLE BUSES

Shuttle transport will be provided between the Event Centre and the competition venues.

The organisers will operate:

- 4 accessible shuttle buses adapted for wheelchair users and competitors with reduced mobility,
- 4 standard shuttle buses (8 seats each).

Shuttle buses will depart as soon as they are full, ensuring continuous transport throughout the competition.

Estimated travel times are:

- TempO – approximately 5 minutes,
- PreO Day 1 – approximately 5 minutes,
- PreO Day 2 – approximately 15 minutes.

For PreO Day 2, competitors are strongly recommended to take a shuttle bus at least one hour before their scheduled start time. This will ensure sufficient time for transport, boarding procedures and arrival at the start without unnecessary stress.

Competitors are kindly requested to follow the instructions of the transport volunteers and allow extra time before their scheduled start. During peak periods, a short waiting time may occur before boarding the next available shuttle.

TEMPO

31 July (Friday)

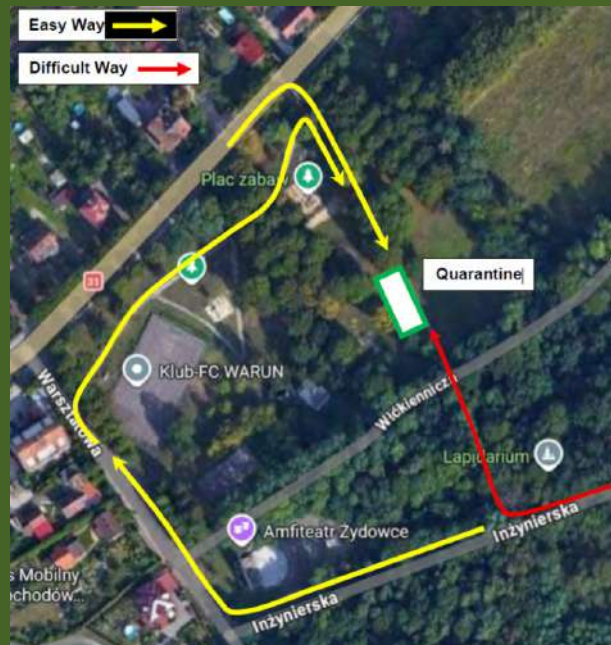
Location: Szczecin Żydowce park

<https://maps.app.goo.gl/mo6HXe6tckAPF52N6>

(GPS 53.354170, 14.580092)



Path to quarantine



TempO Arena



TempO Qualifier

The qualifier for each class will consist of 7 stations. Classes P and J will have a single qualifying heat with all athletes. Class O will have two qualifying heats.

The following competitors will qualify for the TempO Final:

- Open Class: the 14 best competitors from each qualification heat (28 competitors in total),
- P-Class: the 12 best competitors,
- Junior Class: the 13 best competitors.

Competitors from non-European federations are not eligible for the European Championship titles. However, they may also qualify for the TempO Final if they achieve a result equal to or better than the last qualified European competitor in their respective course.

The final list of qualified competitors will be published once all qualification heat results are final.

TempO Final

TempO Final Quarantine will be located at the Amphitheatre (Event Centre).

The final competition will consist of 9 stations.

Station Identification

To help competitors quickly identify the correct station, information boards (A-boards) will be placed in front of each station tent.

Each board will clearly display:

- the station number,
- the station colour.

The station colour corresponds to the TempO variant indicated on the competitor's start bib. Competitors are kindly requested to check the information board before entering the station and proceed only to the station matching the colour shown on their bib.



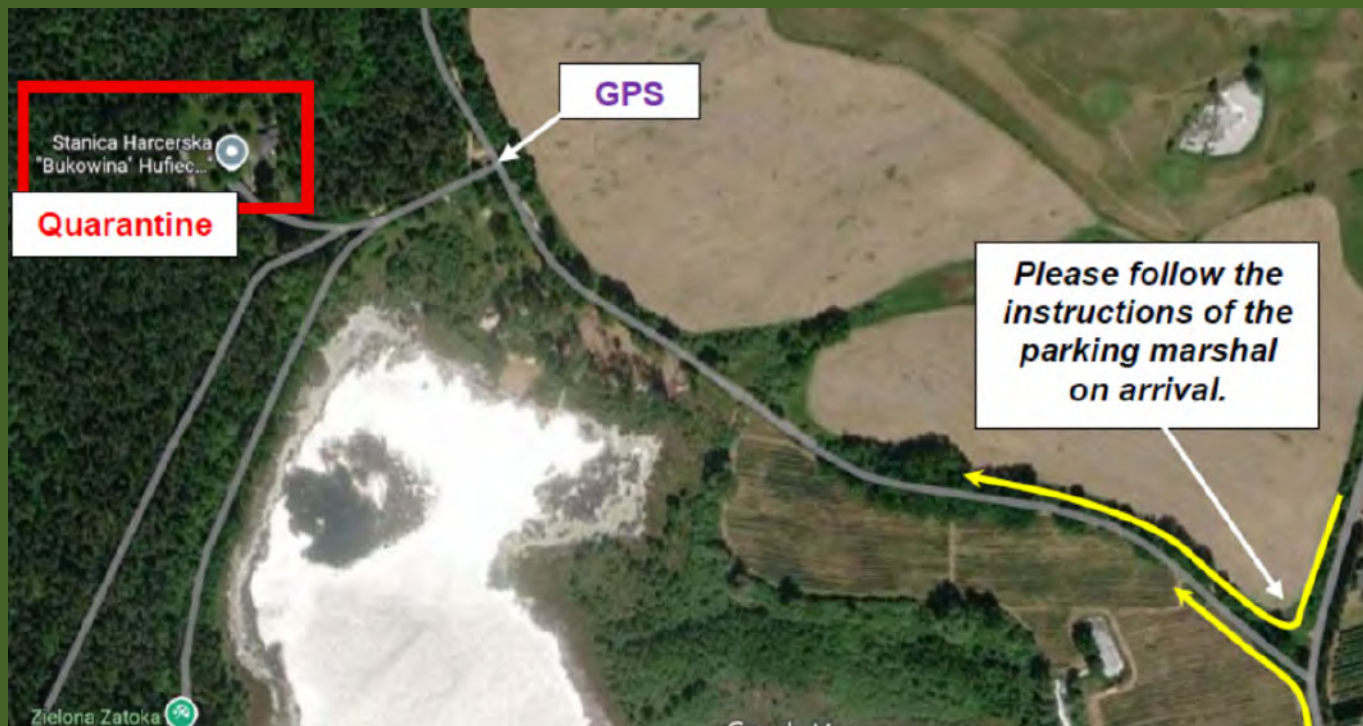
PREO

1 August (Saturday) – Pre0 1 Day & 2 August (Sunday) – Pre0 2 Day

Location: Bukowa Forest

<https://maps.app.goo.gl/3AgQbQ1q2fiLqAxx8>

(GPS 53.316289, 14.637820)



PreO 1

The course is divided into three parts with two Time Controls between them. Competitors will be transported from the Quarantine to the start according to a timetable that will be published before the competition. After finishing the course, competitors will proceed directly to the designated pick-up point, where shuttle vehicles will return them to the Event Centre.

Competitors must remain at the pick-up point until instructed by the organisers. This procedure is in place to ensure that no information about the course can be passed to competitors who have not yet started. Detailed information regarding the Quarantine procedure, shuttle transport and competitor flow will be explained during the PreO Team Officials Meeting (TOM).

PreO 2

Competitors will complete the two Time Controls before starting the PreO course.

Competitors will be picked from quarantine by cars using a given timetable provided later. After completing the course competitors are heading straight to pick-up point and are driven back to the arena. More specific info will be delivered at the TOM.

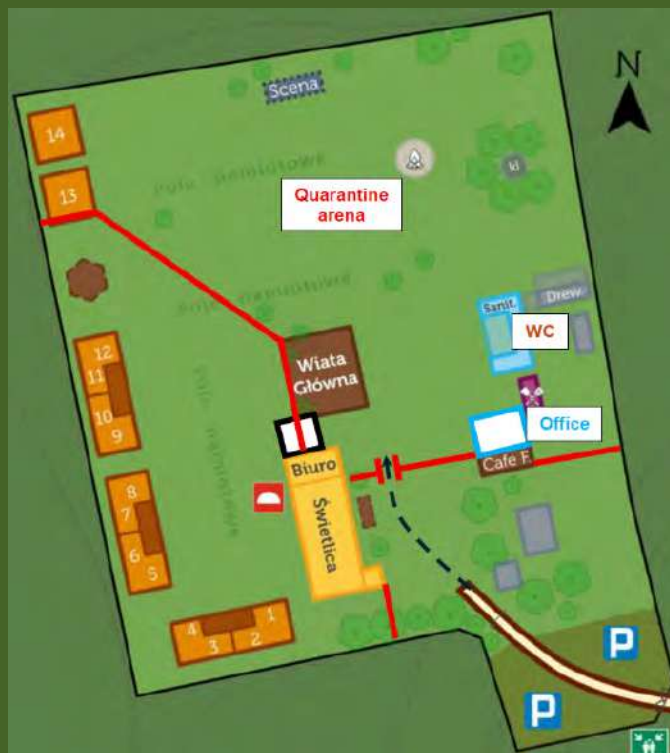
Parking – P-Class

For the convenience of P-Class competitors, vehicles may stop briefly at the Bus to START drop-off point to allow competitors to get out safely.

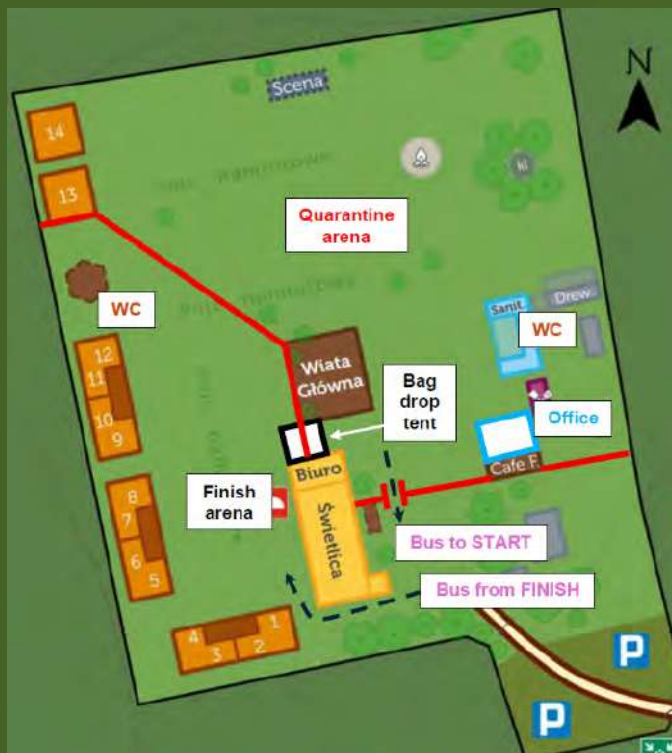
After unloading, drivers must immediately proceed to the designated parking area and follow the instructions of the parking marshals. Parking or waiting at the drop-off point is not permitted, as this area must remain clear for shuttle buses and other competitors.

P-Class competitors may then make their way to the Event Centre.

Quarantine before closing



Quarantine after closing



RELAY

3 August (Monday) Relay Day

Location: Binowo Golf Course

<https://maps.app.goo.gl/pNig8aM6pFPw1PJ97>

(GPS 53.318139, 14.648043)



The Relay competition consists of a fixed PreO course for each competitor. These courses will be forked, as will the TempO stations (see also “Number Bibs” and “Overprint” elsewhere in this Bulletin)

Each relay leg will begin with a mass start near the Quarantine, after which competitors will proceed to the punching start. After punching the start, competitors will receive their relay map and begin the PreO section of the course. Upon completing the PreO course and punching at the finish, competitors will proceed to the handover area. The next relay leg will continue according to the organiser’s instructions. Detailed information about the mass start, punching start and relay handover procedure will be presented during the Relay Team Officials’ Meeting (TOM).

After finishing the PreO section, competitors will continue to their assigned TempO stations. The coloured stripe on the relay bib indicates the competitor’s assigned TempO variant. Competitors must report only to the TempO station corresponding to the colour shown on their bib. After completing both TempO stations, competitors must follow the designated route back to the Event Centre, where they may watch the remainder of the competition. Detailed information about the mass start, punching start and relay handover procedure will be presented during the Relay Team Officials Meeting (TOM).

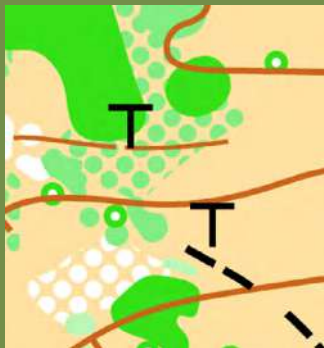
GENERAL MAPPING AND COURSE SETTING INFORMATION

Vegetation is mapped according to canopies and not trunks

Vegetation is mapped according to visibility, not runability

Symbol 525 - "Small tower"

is used to show old power line poles - see example map fragment.

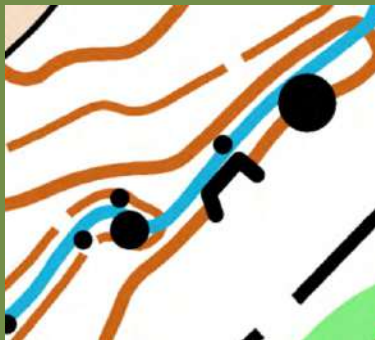


Rocks will be presented by THREE different symbols:

204 - "Boulder"

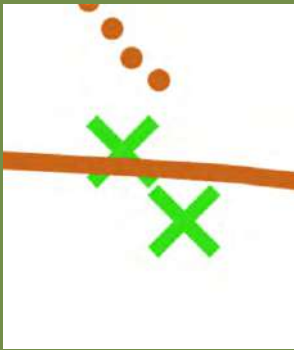
205 - "Large Boulder"

Those above will precisely represent stones in the terrain. Additionally we used the symbol 210.002 "Stony ground 0.3 mm (single dot)". Those will show other smaller stones or groups of smaller stones that are quite prominent in the terrain but they may not be drawn as accurately due to minimum distance between symbols.



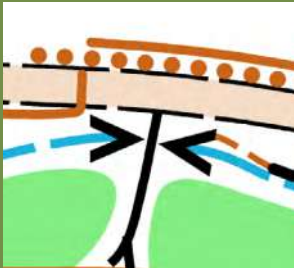
Symbol 419 - "Prominent vegetation feature"

represents a fallen tree rootstock and not a cut tree stump. The middle of the symbol represents the middle of the rootstock, not the fallen trunk.



Symbol 203.001 - "Cave"

is used to show culverts under paths.



Symbol 115 - "Prominent landform feature"

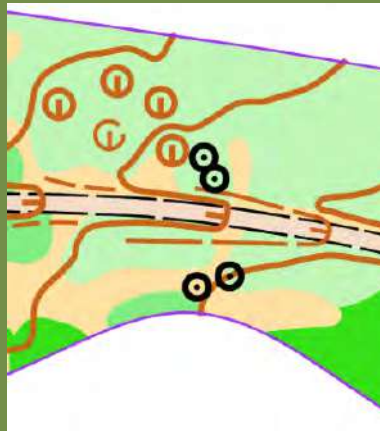
refers to animal holes (likely fox holes or badger setts). See example photo below. There will be no task asking about them but there might be some nearby.



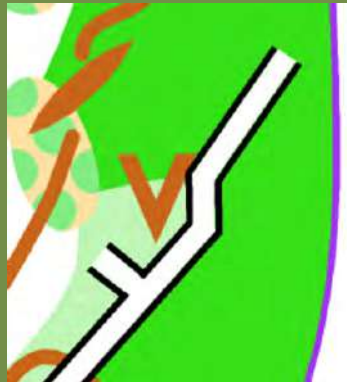
Symbol 526 - "Cairn, memorial, small monument"

will be used to show remaining poles of the old military fence. See example below.

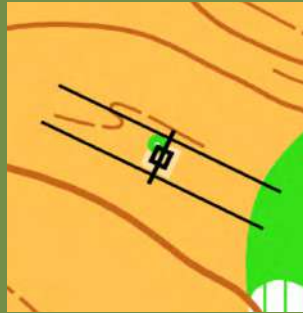
The Temp0 Map due to its uncommon shape will have an Mapped Boundary by purple line (Colour: Upper Purple, line width 0.1mm) to better show the edge of the mapped area.



To show old military trenches, **symbol 215 - "Trench"** from ISOM-2017-2 was borrowed. There will be no task asking about them but there might be some nearby. See example below.



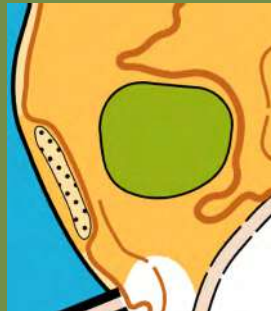
High-voltage power lines with high poles will be mapped as pylons with wires on each side of it, correctly aligned. For map clarity we decided to cut the rest of the wires between the poles. Also, as the lines are so high up they can't really be used precisely to determine objects on the ground. Example of the pylon below. Low-voltage power lines with small poles will be shown as normal.



Prominent Golf Course features will be mapped as follows:

Putting Green as **520 - "Area that shall not be entered "**

Bunkers as 213 - "Open sandy ground" with 415 - "Distinct cultivation boundary" outline



Symbol 531.002 - "Prominent man-made feature - x" refers to small ad billboards, they are mapped very precisely. Example below.



OVERPRINT DETAILS

All One-Ways in ETOC 2026 will be One-Way Gates (i.e. a single line on the ground that you may cross, but not cross back again - not even to punch - so please be careful). The line on the ground will be spray painted with signs on both sides of the track labelled "One-Way" (they should have "no entry" on the other side)

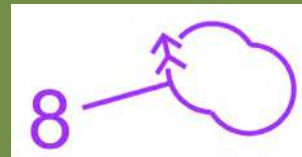
The one-way gate will be marked on the map in overprint colour using the double arrow symbol below (0.35mm line width; total length 1.4mm, remember that 1.4mm is 5.6m in the terrain so have that in mind while solving tasks).

Control description for One-Way:



In some places a few tasks may be close to each other and to show fuller circles we have copied a small map segment adjacent to the main map.

For a few controls to avoid covering important details on the map we have also added a helper line to indicate which control circle goes with which control number (like control 8 in the example below). The number is connected to the correct circle with a line (0.35mm width).

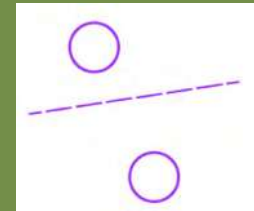
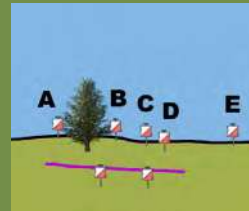


If the path is closed for competitors, it will be marked in the terrain with tape and on the map with symbol 708 - "Out-of-bounds boundary".



In one particular situation the kites from two different groups of tasks can be seen underneath each other. To distinguish them we will use tape in the terrain, a line on the map (marked just to divide controls, not mapped in the same spot as in the terrain) and a picture at the decision point.

Also in the last column of controls description we will use description „upper” to remaind you of that.



On PreO and Relay courses, start and finish symbols might be reduced to 75% or 50% due to map readability.

On the TrailO Relay, competitors will not be on a path, but in class-specific taped boxes: one for Open and one for Junior and P-Class. These two areas will both be marked on all maps - an area bounded by a line for where you can go, where your viewing points and ToePunch boxes will be; and a “709 -”Out-of-bounds area” which will represent the area used by the other class(es). The exact extent of these areas on the map are representative and not precise, so, like overprint features such as one-way-gates, they shouldn't be used for accurate line-ups or bearings.



You must make sure you enter the correct box and stay within it until you have finished your PreO course and punched the finish.

Some general remarks on Temp0 stations from the course setter

The main skill I want to test during the competition is reading the map and understanding the terrain at speed, which means reading just enough to solve the task without wasting time on irrelevant things. Because of this the tasks will have no side problems, no part/edge/side problems, nothing that requires using the description to solve and overall no stupid tricks. There will be some tight zeroes but always on a different object or with a clear reference to understand that the position is wrong. The exact flag position will be optimised for visibility (of both the flag and the object) so if at some point you think "this seems 20 degrees off" then yes, you might well be right but you have just wasted some seconds reading and verifying this description, please reconsider your race strategy. The terrain is interesting enough to make a course without trying to deceive you in unfair ways so I did not try to do that.

All stations are set up in the most usual way: six flags, five tasks, feel free to rely on muscle memory if you developed it. Some of the relay stations, due to the nature of the terrain, will have a huge map (though within the size allowed by the rules, the lake is smaller this time). This will be shown on the model (though without a lake, unless the weather gets really extreme).

The descriptions that will be used for vegetation: white area will be copse (due to the nature of the terrain and scale of the map there are copses that consist of a single tree), green circle will be distinctive tree, all green dots and areas of various shapes, sizes and colours will be thickets.



BANQUET

The ETOC 2026 Banquet will take place aboard a passenger vessel during a 4-hour cruise on the Oder River, offering participants a unique opportunity to experience Szczecin from the water.

Date: 3 August 2026

Time: 18:00–22:00

Boarding location: ul. Jana z Kolna 7, Szczecin

Participants are kindly requested to arrive at least 15 minutes before departure. The vessel will depart promptly according to schedule. During the cruise, participants will be served a selection of hot and cold finger foods, allowing guests to enjoy the evening in an informal atmosphere while meeting competitors, officials and accompanying persons from across Europe. Alcoholic beverages are not included in the banquet fee. Guests wishing to purchase alcoholic drinks may do so individually at the onboard bar. To ensure accessibility for all participants, a short stop is planned approximately halfway through the cruise. This will allow wheelchair users and other participants with reduced mobility to access fully accessible toilet facilities ashore, as the toilet facilities available on board may be too narrow for some wheelchair users.

The banquet will provide an opportunity to enjoy the scenery of the Oder River, the Szczecin waterfront and the harbour area while spending an evening together with the international Trail Orienteering community.

European Trail
Orienteering
Championship
2026-2028

European Trail
Orienteering
Championship
2026-2028

European Trail
Orienteering
Championship
2026-2028



COMPETITION CLOTHING

Competitors are requested to wear **clothing appropriate for the season and prevailing weather conditions**. At the end of July and beginning of August in Szczecin, the weather can vary from sunny and hot to rainy and cooler.

We recommend light and breathable clothing for warm days, a waterproof jacket for possible rain, and comfortable footwear suitable for moving along paths.

In some forested areas insects such as mosquitoes and ticks may be present, so long sleeves or insect repellent may be useful.

National uniforms and club colours are encouraged for ceremonies and prize-givings.

COMPLAINTS AND PROTESTS

Complaints and Protests will be handled in accordance with the IOF Trail Orienteering Competition Rules 2026.

Complaints must be submitted in writing using forms available at the Event Office / Arena Event Centre.

A Protest fee of 50 EUR (or the equivalent in local currency) must be paid when making a Protest.

The fee will be returned if the Protest is accepted by the Jury.



FAIRNESS

Competitors must not use or carry mobile phones, radios, computers, smart glasses, headphones or any other communication devices in the quarantine area.

It is not permitted to bring old orienteering maps, maps of the competition area or any material containing information about the competition terrain into the quarantine area.

It is strictly forbidden to use any electronic device (except an approved watch) in toilets located within the quarantine area, regardless of whether the device is switched on or off.

Competitors must not use or carry any communication device capable of transmitting or receiving information from a remote source between entering the quarantine area (or the start area if no quarantine is used) and reaching the finish, unless explicitly approved by the organisers.

GPS-enabled watches may be carried provided that:

they have no map display;

they have no communication capability other than receiving GPS signals;

they are not used for navigation purposes.

Any exchange of information concerning the competition, controls, answers, terrain, maps or solutions between competitors, team officials or spectators before the completion of the competition is strictly forbidden.

Competitors who have completed their competition must not communicate any information about the course or controls to competitors who have not yet started or are still competing.

Team officials, spectators and competitors must respect all embargoed areas and organiser instructions.

Any competitor or team who breaks these rules, or who benefits from the breaking of these rules, may be disqualified in accordance with the IOF Trail Orienteering Competition Rules.

 etoc
European Trail
Orienteering
Championship
29.07-3.08 2025

 etoc
European Trail
Orienteering
Championship
29.07-3.08 2025

 etoc
European Trail
Orienteering
Championship
29.07-3.08 2025

 etoc
European Trail
Orienteering
Championship
29.07-3.08 2025

QUARANTINE

Quarantine areas will be used for all competitions.

For the TempO competition, the quarantine area will be located at Amfiteatr Żydowce in Szczecin. For the PreO competition, competitors will be quarantined at Harcówka Binowo. During the Relay competition, the quarantine area will be situated within Binowo Park Golf Club.

Further operational details, including quarantine procedures and transport arrangements, will be communicated at the relevant Team Officials Meeting (TOM).

All competitors are required to comply with quarantine regulations and follow the instructions of the organisers and officials. Failure to comply with quarantine procedures may result in disqualification in accordance with the IOF Trail Orienteering Competition Rules.

PUNCHING AND RESULTS SYSTEMS

The ToePunch system (toe.yq.cz) will be used for punching and time keeping in PreO competitions and on PreO-part of the Relay.

The ANT system (ant.yq.cz) will be used at timed controls and TempO stations

ZERO TOLERANCE AND DOUBLE CONTROL FLAGS

The standard Zero Tolerance (ZT) for all competitions is 4 metres.

For some distant controls (marked with double control flags), the Zero Tolerance is increased to 8 metres.



ESCORT

Competitors who require an escort must bring their own escort. The organisers will provide assistance on steeper hills where necessary.

An Escort Accreditation is mandatory for all escorts. Please note that a person holding only an Escort Accreditation may not act as a Team Official and is not permitted to attend the Team Officials Meeting.

ACCESSIBILITY

All competition arenas, quarantine areas and official event venues will be accessible to persons with disabilities. Accessible toilet facilities will be available at all competition arenas and key event locations.

Information regarding transport services provided by the organisers will be published in Bulletin 4 and communicated at the relevant Team Officials Meeting.

Accessibility at the Event Centre (Hotel Vulcan)

The Event Centre for ETOC 2026 will be located at Hotel Vulcan, ul. Franciszka Ksawerego Druckiego-Lubeckiego 6A, 71-643 Szczecin.

The venue has been selected to ensure comfort and accessibility for all participants, including those with reduced mobility.

- **Entrance halls and public rooms:** Hotel Vulcan offers step-free access from the street and car park to the main entrance. All public areas, including the reception, conference rooms, dining rooms and meeting halls, are located on accessible routes and served by wide corridors and lifts.

- **Bedrooms:** A limited number of rooms adapted for guests with physical disabilities are available. These rooms feature wider doorways, roll-in showers and bathrooms with grab bars to facilitate independent use.

- **Sanitary facilities:** Accessible toilets are located both in the lobby area and near the conference/meeting rooms.

- **Charging of electric wheelchairs:** Dedicated power outlets will be available in the Event Centre's public areas for charging electric wheelchairs. Competitors staying at the hotel may also charge their wheelchairs in their rooms; additional extension cords can be provided on request at the reception.

The organising committee will be on hand at the Event Centre to assist with any accessibility needs and to coordinate the charging of electric wheelchairs.

P-Class ELIGIBILITY

The official list of athletes currently eligible to compete in the P-Class is available on the IOF website.

Before travelling to ETOC 2026, all Team Managers and P-Class competitors should verify that the entered athletes appear on the official eligibility list.

Athletes who still require an in-person assessment or who have outstanding documentation should complete these requirements before the Championships whenever possible.

The eligibility list is regularly updated by the IOF.



WATER POINTS AND TOILETS

Water points and toilets will be available at the competition venues as follows:

Model Event – Pre0

1 water point located at the Event Centre.

1 toilet located at the Event Centre.

Model Event – Relay/Temp0

1 water point located at the Event Centre.

1 toilet located at the Event Centre.

Temp0 Qualification

3 water points will be available:

one near the start,

one on the middle of course,

one near the finish.

1 toilet is located at the Bus Stop (450 m from start).

Temp0 Final

3 water points will be available:

one near the start,

one on the middle of course,

one near the finish.

1 toilet is located at the Bus Stop (440 m from start).

Pre0 Day 1

5 water points will be available:

one near the start

one after first part

one after second part

one after third part

one near the finish

1 toilet is located near the start and bus stop

1 toilet is located after the finish in pick up place

Pre0 Day 2

3 water points will be available:

one near the start,

one on the middle of course,

one near the finish.

1 toilet is located near the start and bus stop for P-Class

1 toilet is located after the finish in pick up place

Relay

2 water points will be available:

one at the Event Centre,

one at the relay exchange / finish area.

2 toilets are located at the Event Centre.

EMBARGO

Competitors, Team Officials and accompanying persons are reminded to pay particular attention when travelling between competition venues.

Please ensure that you do **not accidentally enter any embargoed terrain** while walking, cycling or driving around Szczecin and the surrounding areas.

All ETOC competition and model areas are under strict embargo. You must not enter the terrain nor re-enter the course until all the competitions have completed. Any violation of embargo rules may result in sanctions according to the IOF Trail Orienteering Competition Rules.

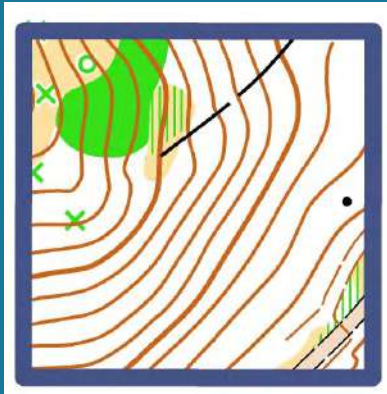
EMBARGOED AND TRAINING AREAS

All embargoed and training areas for the European Trail Orienteering Championships 2026 are shown on a dedicated Google Map. Please respect the embargo until the end of the event – access to these areas is strictly forbidden for competitors, team officials and anyone who may influence the competition. Map of embargoed and training areas: <https://www.google.com/maps/d/embed?mid=1Q4DYPxWTeDx-pHCIVL5eThA8qTfcGpHk&ehb-c=2E312F>



SAMPLE MAP OF COMPETITION TERRAIN

Pre01



Pre02



Temp0



Relay



TEAM OFFICIALS MEETINGS

Team Officials Meetings will be held at **Hotel Vulcan** according to the following schedule:

30 July 2026, 19:00 – TempO Team Officials Meeting

31 July 2026, 20:30 – PreO Team Officials Meeting

2 August 2026, 20:30 – Relay Team Officials Meeting

All Team Officials' Meetings (TOM) will be held exclusively in an in-person format.

Questions may be submitted in advance by email to kontakt@bno.szczecin.pl no later than **one hour before each meeting**.

The final presentation slides, including questions and answers discussed during the meeting, will be uploaded to **IOF Eventor** within **30 minutes after the closure of the meeting**.

The meetings will provide final competition information, last-minute updates and an opportunity for Team Officials to ask questions regarding the organisation of the respective competitions.

Only two accredited representatives per federation may attend the Team Officials Meetings (TOMs). There are three exceptions to this rule. If a federation requires a translator, one additional person may attend. ETOC 2026 Jury members and WTOC 2027 Major Officials may also attend; however, if attending only in that capacity, they should sit separately from their team at the back of the room as observers.

During each TOM, team leaders will receive the start lists and number bibs for the following day's competition.

To keep the meetings as short and efficient as possible, team leaders are kindly requested to read the relevant sections of **Bulletin 4** before the meeting. Only the most important information and last-minute updates will be presented during the TOM.

If you have any questions regarding the following day's competition, please send them to the organisers in advance whenever possible. This will help us prepare clear answers and keep the meeting concise for everyone.

DEVIATIONS FROM IOF RULES

No deviations from the current IOF Trail Orienteering Competition Rules are planned.

LIVE COVERAGE SERVICE

Live results will be available throughout the event. Official event information, news, photographs and important announcements will be published on the ETOC 2026 website, IOF Eventor and the organiser's social media channels.

INCLUSIVE GOLF EXPERIENCE

During the Relay Competition, competitors will have the opportunity to take part in an introductory golf session for people with disabilities. The activity will be organised by Mr. Jacek Uchański together with the Handicap Hero Foundation, whose mission is to promote inclusive sport and make golf accessible to everyone. Competitors are welcome to visit the golf area before or after completing their relay leg, depending on their competition schedule. Experienced instructors will introduce the basics of the game and provide all the necessary equipment. Participation is free of charge, and no previous golf experience is required. We sincerely thank Mr. Jacek Uchański and the Handicap Hero Foundation for supporting ETOC 2026 and offering this unique opportunity to our participants.

AWARDS

Awards will be presented in accordance with the IOF Trail Orienteering Competition Rules and the IOF Protocol.

Gold, silver and bronze medals will be awarded to the first three competitors or teams in each official ETOC category. Diplomas will be awarded for places 1–6.

Flower ceremonies for the top three competitors or teams in each category will be held after the results become official.

FLOWER CEREMONY

The Flower Ceremony will be held in the competition arena as soon as the results become official.

Flowers will be awarded to the **top three competitors/teams in each category**.

The ceremony is intended to recognise the medal contenders immediately after the competition, while the official medal ceremonies will take place according to the event schedule.

PHOTOGRAPHY AND FILMING

Photographs and video recordings will be taken throughout the event by the organisers, media representatives and accredited photographers.

These images and recordings may be used for event promotion, reports, social media, the official event website and other Orienteering publications.

Competitors, team officials and spectators attending the event acknowledge that they may appear in such photographs or recordings.

Anyone who does not wish to be photographed or filmed for publication purposes is kindly requested to inform the Event Office before the start of the competition. The organisers will make reasonable efforts to respect such requests where possible.

MEDIA

Media representatives are welcome to cover the ETOC 2026 competitions. Media representatives will receive a special “Press” ID card at the Event Centre.

Contact for media:

Aleksandra Czerwińska ola.sq2gp@gmail.com
+48 725 106 417

VISA

Please check the following link with a list of citizens of countries, who need visa to enter Poland:

<https://www.gov.pl/web/diplomacy/visas>

MEDICAL CARE

During all competitions there will be an ambulance available at the arena for all ETOC participants, team officials and guests. The phone number for emergencies in Poland is 112.

HEALTH INSURANCE

The Event Organiser will not bear any responsibility related to the cost of medical services for the participants. Each Federation is responsible for the health insurance of all their delegates.

European Trail
Orienteering
Championship
2020-2021

European Trail
Orienteering
Championship
2020-2021



